

NIPPER

There is current concern with regard to the maintenance of healthy glucose metabolism during pregnancy. This is due to the increasing number of women who develop type 2 Diabetes.

This study is looking to determine the effects of an enriched nutritional drink preconception and during pregnancy on the maintenance of healthy glucose metabolism, with the goal of promoting maternal and offspring wellbeing.

If you are aged 18 – 38 and are wishing to conceive in the next year then you are eligible to enter the study.